



# Cedarkirk Challenge Activities Consent Form

Participant's Name (print) \_\_\_\_\_ Date \_\_\_\_\_

Please initial each section below as to Yes (I give consent), No (I do not give consent) or Not Applicable.

## Challenge Course - Participants 12 and Older

In initialing below, I am stating that I or my child participating will be at least 12 years of age by the date of participation and I allow myself/him/her to participate in the Challenge Course. The Challenge Course at Cedarkirk has 15 elements, 24 feet high that are secured to utility poles and is inspected annually and checked before each climbing session. Each element has a cable where participants are attached with a belay system. Each participant is given equipment (waist harness, helmet, safety rope, and locking carabiners for static belay) that is checked before each climbing session. Ground instruction is always given prior to participation. Trained instructors are present at all times to monitor, support, and facilitate a positive experience. Our philosophy is challenge by choice. All participants choose what they feel is challenging. Facilitators are trained to encourage, but not pressure. Facilitators also schedule time to debrief with each group to allow this experience to be processed. In signing below, I am stating that I or my child participating will agree to all the rules and standards set by Cedarkirk related to the Challenge Course.

**Date of Birth:** \_\_\_\_\_  
**You must be at least 12**

**Initial for Consent (Yes):** \_\_\_\_\_  
**Initial for Non-Consent (No):** \_\_\_\_\_  
**Not Applicable:** \_\_\_\_\_

## Climbing Wall

The Climbing Wall is a 25 foot challenge experience. Each participant is given equipment (waist harness, helmet, and locking carabiner) that is checked before each climbing session. Ground instruction is always given prior to participation. The climber begins an ascent up the climbing wall. At the summit, the climber simply pushes off the wall to be lowered slowly and safely through the air, per the wall's redundant auto-belay system. Trained instructors are present at all times to monitor, support, and facilitate a positive experience. Our philosophy is challenge by choice. All participants choose what they feel is challenging. Instructors are trained to encourage, but not pressure. In signing below, I am stating that I or my child participating weighs at least 45 pounds and I allow myself/him/her to participate on the Climbing Wall.

**\* You must weigh at least 45 pounds**

**Initial for Consent (Yes):** \_\_\_\_\_  
**Initial for Non-Consent (No):** \_\_\_\_\_  
**Not Applicable:** \_\_\_\_\_

## Zip Line

Cedarkirk has two zip lines of various heights ranging from 10 feet to 20 feet. Each participant is given equipment (waist harness) that is checked before each session. Ground instruction is always given prior to participation. The facilitator will connect the participant to the trolley via lobster claws and locking carabiners. Upon end of zip, the participant will be safely disconnected from the course. Our philosophy is challenge by choice. All participants choose what they feel is challenging. Facilitators are trained to encourage, but not pressure. In signing below, I am stating that I or my child participating will participate in the course and will agree to all the rules and standards set by Cedarkirk.

**Initial for Consent (Yes):** \_\_\_\_\_  
**Initial for Non-Consent (No):** \_\_\_\_\_  
**Not Applicable:** \_\_\_\_\_

## Parent/ Guardian Authorization

I am aware in signing this statement of consent for my or my child's participation in Cedarkirk Challenge Activities of Cedarkirk Camp and Conference Center that certain activities are physically demanding. Therefore, physical fitness will increase the enjoyment and ability to participate in the activity. If there is any question of ability to participate, I will inform PCCM staff prior to allowing myself or my child to participate. While it is impossible to foresee all possible dangers, facilitators of the activity will take every reasonable precaution to minimize exposure to known risks; however, as the participant or the participant's parent, I acknowledge the nature of the activities and the fact that not all the stresses and hazards connected with the activities can be foreseen. The participant in this/these activities has the personal responsibility to follow established rules and procedures associated with each activity. If, at any time the participant has questions about the activity, he or she has the responsibility to consult the instructor.

I recognize that there is a significant element of risk in any adventure, sport or activity associated with the out-of-doors. Knowing the inherent risks, dangers, and rigors involved in the activities, I permit myself or my child to participate in the activities of this/ these activities.

I accept full responsibility for myself or my child in the case of bodily injury, death, loss of personal property and expenses thereof, as a result of my/his/her negligence and waive any claims or demands which I or any member of my family may have against Presbyterian Camp and Conference Ministries.

I understand that in case of emergency every effort will be made to contact me. If I cannot be reached at the numbers supplied, I hereby give permission to the physician selected by the camp to hospitalize, secure treatment for, and to order injection, anesthesia, or surgery for my child as named herein.

I also give permission for the use of photography and video recordings of myself or child in camp publicity.

Signature (if 18 or older) \_\_\_\_\_

### Signature of Parent/Guardian for all under 18 (HIGH ROPES ONLY must sign in presence of notary)

By signing below, I agree to the above, exceptions noted with initials.

Signature \_\_\_\_\_ Date \_\_\_\_\_

The foregoing instrument was acknowledged this \_\_\_\_\_ day of \_\_\_\_\_ by \_\_\_\_\_ (name of signer), who personally appeared before me and acknowledged that s/he signed the instrument voluntarily for the purposed expressed in it.

Signature of Notary \_\_\_\_\_

Date: \_\_\_\_\_

State of \_\_\_\_\_ County of \_\_\_\_\_

Personally Known/ ID provided: \_\_\_\_\_