



# Labor Day Family Retreat 2010

## WHAT DO I NEED TO BRING?

### GENERAL ITEMS:

- Bible
- Pen / Pencil & Notebook
- Sunscreen
- Insect Repellent
- Water Bottle
- Flashlight
- Raincoat / Poncho or Umbrella
- Personal Toiletries
- Towels (1 for Shower / 1 for Pool)

### LODGING ITEMS:

#### If staying in a Lodge, Kirk Kabins, or Retreat House:

- Sheets or Sleeping Bag & Pillow Case \*

A Pillow and blanket are furnished; linens (sheets, pillowcase, towels) can be provided for a fee of \$7.00.

**\*\* Please note:** All beds in lodges are single size except for Cedar Lodge rooms 22/24W, 14/16E, and 12/14W, which have a double bed and four single size beds (2 sets of bunks). If you will be using the double bed and do not have double-sized sheets, we recommend using flat sheets.

#### If staying in a Rustic Cabin or Platform Tent:

- Pillow / Pillowcase
- Blanket
- Sheets for a Twin Bed or Sleeping Bag

### CLOTHING ITEMS: (dress code at Cedarkirk is casual and comfortable)

- Long Pants / Jeans
- Shorts
- Shirts
- Shoes (comfortable, for walking)
- Swimwear (for pool and river activities)
- River Shoes (old athletic shoes, Texas, Aqua Socks, etc.)
- Socks / Undergarments
- Sleepwear
- Jacket / Sweater / Sweatshirt
- If staying in the Rustic Cabins or Platform Tents:* Shoes and clothing appropriate to wear to and from the Bath House