

Shepherds' Sabbath

April 5th-7th, 2010

A Sabbath Retreat for Church
Professionals and their Families.

This, our second annual Shepherds' Sabbath, is a retreat for the purpose of rest, reflection, and renewal after feeding the flock during the busy schedule of Holy Week and Easter. We all need those times to "be still and know".

We hope you will join us for this **free**, two-night, three-day retreat. We are sure there will be something for everyone, from outdoor recreational activities such as canoeing to contemplative worship and prayer times. Since this is your time, of course everything is optional. You can simply take hikes through our woods, sit by the river, or rock the hours away on our porches, reading that book you keep meaning to get to.

Registration will begin at 11:00 and then begin with lunch on Monday and conclude at 2:00 on Wednesday afternoon. Our meals are great times for catching up with friends and meeting new alike. Whether you can **stay for just a day all three**, you won't want to miss this opportunity for Sabbath at Cedarkirk.

We look forward to hosting you so please join us. For more information or to make a reservation please contact Karin Dale at 813.685. 4224, ext. 1 or karin@cedarkirk.org.

"Come unto me all who are weary and need rest."

"My peace I give to you, not as the world gives do I give to you."